



HANDBOOK

2011-2012

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SECTION ONE POLICY ON SPORTSMANSHIP

1. ADMINISTRATIVE RESPONSIBILITY

The objectives of School Sports, as outline in the Constitution, reflect the accumulated opinion of administration, teachers, and coaches of athletics. If the athletic program is to be justified, and earn its place in our educational system, these objective must be adhered to and realized.

School Sports is aware that although it is the governing body for school athletics in general, the school administration is responsible for the conduct of school activities. The school principal, for example, has the responsibility for establishing the principles of good sportsmanship in the minds of the entire school, and as the administration head, must ensure that these principles are carried out. The good name of the school depends upon how well this job is done.

Therefore, no matter what the level of competition, the principal is the final authority responsible for the athletic activity of the school. School Sports recognizes this authority, and offers the following guidelines with respect to sportsmanship.

2. RECOMMENDATIONS

- A. Each school should establish its own policies and procedures relating to sportsmanship and identify responsibility to ensure their observance.
- B. Schools should insist that personnel set good examples of deportment and sportsmanship, and correct any individuals at fault in a manner adequate for the situation.
- C. The supervision of teams travelling to athletic contests should be such as to ensure that the conduct of school representative brings credit to themselves, their school, and their sport.
- D. Athletic Directors and/or coaches should ensure student-athletes are aware of all of the rules and regulations of SSNL as per the Handbook and Technical Standards
- E. At a staff meeting at the beginning of the school year, principals should discuss the rules & regulations of School Sports and identify an athletic director for their school
- F. If a non teacher is the coach of a school team, the team must be under the direct supervision of a teacher sponsor. The teacher-sponsor **MUST** be on the bench at all times.

3. ATHLETIC DIRECTOR

Each school should appoint a staff member to take on the role of Athletic Director. The Athletic Director's main responsibility is the administration of the school athletic program.

DUTIES

- A. Serve as a liaison and e-mail contact between the school, athletic groups, coaches and SSNL.
- B. Work closely with the staff and administration to develop and enforce an athletic/academic code of conduct which is consistent with the goals of the staff, administration, district and SSNL
- C. Maintain an active program that promotes sportsmanship and welcomes competing teams and guests
- D. Ensure that each school team has a coach and/or teacher sponsor assigned to it
- E. Forward information on all SSNL rules, regulations and deadlines to appropriate coaches/teacher-sponsors
- F. Ensure eligibility of student-athletes
- G. Responsible for orientation of all coaches regarding policies, procedures and expectations and ensure all coaches comply with SSNL rules and procedures
- H. Responsible for budgeting for athletic program
- I. Ensures dissemination of pertinent information
- J. Responsible for securing officials for home games and assists in the coordination of transportation for all away games
- K. Responsible for the development of a schedule of varsity events and allot gym time.

4. TEACHER-SPONSOR

The guiding principles of school sport have always identified the teacher as the integral bridge that allows school sport to have the educational value that it does. In the absence of a teacher as a coach, a teacher sponsor continues to provide the necessary link to the school.

The following guidelines are in effect with regard to teacher-sponsors:

1. Any school team in competition must be under the control of a staff member of the school which it represents. The teacher responsible (coach or teacher-sponsor) MUST be on the bench at all times. A staff member is defined as a regular full-time or part-time teacher employed by that school board as a member of the teaching staff of the school being represented at the competition. Substitute teachers may only fill this role if they are on term contracts or in a long term substitute position such that they would be employed on a continuing basis. Extenuating circumstances would permit the day-to-day substitutes to be in the teacher-sponsors' position only with the permission of the administration of the school and the Director of Education for that particular district or his/her designate. Teachers from within the same school board may be granted approval by SSNL to act as teacher sponsor for another school within the same board provided approval is first given by the school where he/she would act as teacher sponsor and the school board
2. In the event a school cannot secure a member of the school staff as a coach to be in

control of the team and use an outside coach, a regular member of the school staff (teacher sponsor) must always accompany the team in addition to the coach. All contact with game and/or tournament officials must be made by the member of the teaching staff in control of the team.

3. Coaches or teacher sponsors are required to stay within a reasonable distance from the community where the athletes are billeted.
4. Teacher sponsors are an essential member of the coaching staff and are required on the bench at all times during SSNL contests. Games are not to start without the teacher sponsor on the bench. If a teacher sponsor is not present on the bench 10 minutes after the scheduled start time, the team without the essential personnel will lose by default.

5. SCHOOL SPORTS RESPONSIBILITY

Although School Sports recognizes the responsibility of school administration, School Sports itself, having the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily, will be guided by the following rules:

1. High standards of courtesy, fair play, and sportsmanship must be a feature off all School Sports competition.
2. The authority to take appropriate action on any reported violation of this rule is vested with the president and the Executive Director.
3. Reported violations shall be resolved in a manner sufficient to correct the problem, and may range from a written statement of the findings by the Executive to the school administrator, to a probation or suspension for a school, team, coach, athlete, or manager.
4. Any report of a flagrant violation of the sportsmanship rule must be submitted, in writing, and posted within 48 hours of the incident to the Executive Director of School Sports.
5. SSNL has a no fighting policy. Any reported violation of this rule will result in an automatic and immediate 1 year suspension from SSNL activities.

6. POLICY ON OPENING AND CLOSING CEREMONIES

Every School Sports tournament may commence with an official opening ceremony where all teams, officials and tournament organizers are introduced. The ceremonies shall conclude with all teams mixing and shaking hands with one another. Prior to and following each game, the teams shall shake hands, and the coaches shall shake hands with one another and with game officials.

Because provincial tournaments are the highest calibre of competition in which our students participate, and because the distribution of awards at these competitions should also be of the highest standard, School Sports recommends that a closing ceremony,

where awards are presented in a dignified manner, be part of every provincial tournament.

In order to provide participants with an opportunity to socialize, convenors of provincial tournaments may hold an opening reception, or banquet and the participating athletes, coaches and managers can be charged a maximum of \$7.00 each. Convenors are encouraged to hold a social event for the athletes

To ensure the success of the opening reception of the tournament, teams who leave the tournament without attending the reception, having indicated that they will do so, will be fined \$7.00 per person, payable to the convenor. Failure to pay will result in a suspension until the debt is paid.

7. AWARDS POLICY (ANNUAL AWARDS)

Because School Sports realizes that it is only as strong as its member associations and because SSNL wishes to recognize superior achievements and contributions by and from its members, it shall be the policy of School Sports to recognize outstanding service and achievement at an awards presentation to be held annually in conjunction with the Annual General Meeting. Awards will be presented to coaches, athletes, administrators, schools and others making significant contributions to school athletics.

The following awards will be available on an annual basis:

Recognition Award:	1 per region
Coaching Service Award	3 per year maximum
Coach of the Year	1 winner + maximum 2 runners up
Honor Award	1 winner + maximum 2 runners-up
Student-Athlete of the Year	1 male & 1 female winner + maximum 2 runners-up for each

In addition, SSNL will recognize all member schools for their accomplishments throughout the year through the Sports Stars Program. Full details can be found in Appendix E.

8. SPORTSMANSHIP AWARD

- A. Because sportsmanship is a very important part of all School Sports and because an active program to promote good sportsmanship is desirous, Sport Sports shall present sportsmanship awards at all qualification and provincial tournaments. Individual medals will be presented at all qualification and provincial tournaments and a team sportsmanship banner will be presented at team provincial championships, in recognition of above average sportsmanship. School Sports will make available 1 Sportsmanship Award per team at provincial tournaments and the coach of each team is responsible for choosing the recipient from their team.
- B. The following are the guidelines for the selection of Team Sportsmanship Awards:

1. The Selection Committee should be comprised of the convenor, the executive member in attendance, and one other person. These three should consult all coaches and officials before making their final selection.
2. The criteria for selecting the award winner is based upon a combination of sportsmanship and effective use of game skills. The Selection Committee shall consider the athletes/teams attitude toward the other teams, the officials, own team and coach, and toward themselves, as well as his/her ability to persevere applying game skills.
3. Two awards, one male and one female **may** be awarded in Cross Country Running, Cross Country Skiing, Table Tennis, Badminton and Track & Field.
4. The Selection Committee should keep in mind that this award need not be presented. The award, in all cases, should be well deserved.
5. A Team Sportsmanship Banner will be presented at all Provincial Slo-Pitch, Soccer, Volleyball, Ball Hockey, and Basketball, Wrestling, Badminton and Table Tennis tournaments.
6. The Team Sportsmanship Banner will be presented at the end of the tournament unless the team receiving it has to leave to return home.

9. **DEPARTMENT**

Schools Sports was founded on the belief that school athletics made an important contribution to the goals of education and as such was an integral part of the total educational process. It is education through school sport. The defining characteristic of school sport is that link to the school and to education that can only be found in a school setting.

1. Teams, coaches and student-athletes are under the jurisdiction of SSNL when first contact is made by the school representative at the tournament venue. Or in cases where billeting is being provided, student-athletes are under the jurisdiction of SSNL when contact is made in the community to coordinate billeting, whichever comes first. When teams travel back to their home communities between games, SSNL jurisdiction ceases when they leave the tournament venue, and would come into effect again when they arrive back at the tournament venue. SSNL jurisdiction ends when the team leaves the tournament after their last game or when they leave the billeting family, whichever comes latest.
2. Persons qualifying for provincial tournaments in individual events may be permitted to travel with a qualifying team from another school and under that school's teacher supervisor provided the individual has the written permission of both schools involved and the individual's parent/guardian.
3. Players and coaches who are guilty of criticizing the officials, whether the criticism is to the officials in person or in public or are guilty of any other unsportsmanlike conduct, are open to censure from School Sports. All officials are asked to report any such misconduct.

4. Coaches or teacher sponsors are required to stay within a reasonable distance from the community where the athletes are billeted.
5. Teacher sponsors are an essential member of the coaching staff and are required on the bench at all times during SSNL contests. Games are not to start without the teacher sponsor on the bench. If a teacher sponsor is not present on the bench 10 minutes after the scheduled start time, the team without the essential personnel will lose by default.

10. POLICY ON BILLETING

1. Provincial and qualification tournament hosts are required to provide billets or accommodations for those student-athletes who travel more than 1 hour away, up the maximum number per team as outlined in Section 2, #23.
2. Convenors must be notified by the provincial tournament deadline as to the number of billets requested.
3. Cancellation of billets should be prior to your departure to the tournament
4. Billet hosts are required to provide meals as well as accommodations and where possible, transportation.
5. Transportation of students during the tournament must not be provided by other students.
6. The convenor will try to accommodate requests for double billets but it is not guaranteed.
7. The convenor will establish a curfew that will not exceed 1am, and will notify all coaches/teacher-sponsors and billet host of the curfew prior to the start of provincial and qualification tournaments. Curfews earlier than the convenors may be set by individual coaches/teacher-sponsors or billet hosts.
8. If there are any changes in billeting other than what the convenor has assigned, the convenor must be notified immediately and given a reason why a change has been made.
9. Students are not to smoke, or use illegal drugs of any kind, including alcohol at the billet host. Breach of this must be reported to the convenor immediately.
10. The billet host must report any breach of these regulations to the convenor. Convenors will provide the billet host with a report form. A copy of any breach must be given to the convenor in writing.
11. The convenor will notify any reported breach to the coach/teacher-sponsor of the team as well as the School Sports office, and the athlete will be sanctioned from further play in the tournament. If the breach occurs once a team has completed their games in the tournament, a report will be sent to the School Sports office for follow-up disciplinary action. A written report will also be sent to the principal of the school.

11. POLICY ON SMOKING, DRUG AND ALCOHOL USE

1. Coaches/teacher-sponsors and athletes are not to smoke at tournament venue sites.
2. Athletes are prohibited from the use of illegal drugs or alcohol for the duration of the tournament. Any athlete found using or in possession of illegal drugs or alcohol will be suspended immediately and for a period of 1 calendar year.
3. If the convenor is given evidence of any breach of the above, the convenor will report the breach to the appropriate coach or teacher-sponsor. A written report will be sent to the principal of the school, the student-athlete in question as well as the School Sport office.
4. Report of the breach once the team has completed his/her games in a tournament will result in a written report sent to the School Sport office for follow-up disciplinary action. The convenor will notify the coach/teacher-sponsor of the breach. A written report will also be sent to the principal of the school, and the student-athlete in question.

12. NUTRITION POLICY

In all SSNL events, schools are expected to follow their school district nutrition policy. Canteen services must provide healthy snacks, banquets must provide healthy food choices and fruit should be available for all competitors. A Nutrition grant program will be available for Provincial tournament hosts.

13. FAILURE TO COMPLETE

Any team that fails to complete a tournament or meet after registering, without good and sufficient reason will be subject to censure from the SSNL. Teams withdrawing from provincial tournaments within the last week, without good reason, will be required to pay the registration fee as well as a \$100 dollar fine.

SECTION TWO: GENERAL RULES AND REGULATIONS

1. ACTIVITIES

The activities listed below shall comprise School Sports Official Sports for high school. These activities shall be sponsored annually.

Slo-Pitch	4A and 3A Male and Female
Soccer	4A, 3A and 2A (7 a side) Male and Female
Cross Country Running	Senior and Junior Male and Female
Volleyball	4A, 3A, 2A, A & Fair Play Male and Female
Table Tennis	Open Male and Female Combined
Cross Country Skiing	Senior and Junior Male and Female
Basketball	4A, 3A, 2A, A & Fair Play Male and Female
Wrestling	Male and Open Female
Badminton	Open Male and Female Combined
Track & Field	Male and Female
Ball Hockey	4A, 3A, 2A Male & Female

The following sports are approved as Demonstration Sports:

Indoor Soccer Flag Football.

School Sports may add official and demonstration sports as authorized by the Annual General Meeting.

At the Junior High level, a Festival of Sport Program will be offered on a regional level. Consult the Festival of Sport document for full details.

Track & Field, Cross Country Running & Cross Country Skiing will include Special Olympic athletes.

2. FAIR PLAY DIVISION

- A. Any school can elect to enter a team in the Fair Play Division. A school may choose to enter a team in their division by classification and a second team in the fair play division, or they can enter their school team in the Fair Play Division only. Schools cannot enter the same team in both divisions.
- B. No player competing with a team entered in a division by classification can play on the team in the Fair Play Division. If a school enters 2 teams, there can be no overlap of players whatsoever in qualification or provincial tournaments.
- C. Fair Play provincial championships will be held the same weekend as the provincial championships in the A, 2A, 3A, & 4A Divisions
- D. Teams wishing to participate in the Fair Play division must indicate their intention to do so, by applying to the SSNL office by the June AGM.
- E. Depending on the number of teams registered, qualification tournaments for fair play will be established.
- F. Provincial Fair Play championships will consist of a maximum of 8 teams for basketball and 10 teams for volleyball. More team will be permitted upon the request of the host.
- G. Fair Play Division will adhere of all the same eligibility, hosting and other handbook regulations as the other 2A, 3A and 4A Divisions.

3. OFFICIAL SSNL SPORT

School Sport Newfoundland and Labrador designates sports as official SSNL sports. An official SSNL sport:

- is included in the core program of School Sport and scheduled annually on the SSNL athletic calendar
- is officially recognized as an official sport, tournaments being identified as a Provincial School Championship
- is provided a full awards package for any tournament within that sport approved by the AGM

Sports currently in the core program (2006-07) will be considered Official SSNL Sports based on the historic participation. In order to become an official SSNL Sport, they Demonstration Sport procedure must be followed.

4. DEMONSTRATION SPORTS

In order for a sport to become an official SSNL sport, it must first be designated as a demonstration sport. The AGM can identify a sport as a demonstration sport. To be considered for demonstration sport status, the following criteria must be met:

1. Written application must be made to the SSNL 1 month prior to the AGM.
2. A member school must host a provincial festival, open to all interested schools. If more schools apply to participate, than can be accommodated, SSNL will work with the host to determine a course of action.
3. All SSNL rules and regulations as outlined in the Handbook must be followed.
4. A technical package must be in place and forwarded to the SSNL office with the application. The technical package must include (at a minimum), standards with regard to events, entries, facility requirements, equipment required, playing rules, officials, and team composition. Any rules outside the scope of the sports governing body rules must be outlined.
5. A preferred calendar season (ie pre-Christmas, post Easter) must be identified.
6. The sport should be one that can be developed within the school system and have some ties to the school curriculum.
7. The sport must be one which fits into the philosophy of SSNL.
8. The sport must be one which is suitable and potential large scale interest for both male and female participation.
9. The sport must show that it is accessible for large and small, rural and urban schools.

The procedure to Designate a Demonstration Sport as an Official SSNL Sport

Once a sport has been able to show success at the high school level as a demonstration sport for two consecutive years, it may be given consideration as an official SSNL sport. The following criteria will be used as indicators of success:

- The number of regions represented at the provincial festival

- The quality of the provincial festival based on feedback from participants, executive feedback, problems encountered etc
- Whether it is cost prohibitive for many schools

To attain final official SSNL status, a motion must be pre-circulated to AGM for inclusion in the next school year. If approved by the general membership at AGM, the sport will be given official SSNL status. The first two years as an official SSNL sport are probationary. If interest declines below 5 regions, the official SSNL sport status will be dropped. If significant problems arise in the tournament during the probationary period, the official SSNL sport status would cease.

5. ASSESSMENT OF PROGRAMS

The Executive will reassess all activities annually, and make appropriate recommendations to the AGM. The Annual General Meeting determines which tournaments within the official SSNL sports, will be sponsored on an annual basis.

If the number of regions participating in any SSNL activity drops below 5 for a given year, the sporting activity will be given until AGM of the following year to renew interest. If the number of participating regions does not reach 5, then the sport may be dropped from the SSNL calendar.

The executive has the jurisdiction to cancel any Provincial School Championship throughout the school year. If, by the registration deadline, there are less than 4 teams or school registered for a Provincial School Championship on the island portion of the province, that tournament will be cancelled. Special circumstances which cause teams to withdraw in the last week of the tournament will be looked at on a case by case basis.

6. ELIGIBILITY OF STUDENTS

To represent a school in any SSNL sponsored or sanctioned competition, a student must:

1. Be doing regular and full-time school work. A regular full time student shall be interpreted as one who:
 - a) At the sr high level is taking at least 8 credits in that school year
 - b) At the jr high level is taking at least 4 subjects and whose total instructional time is not less than 50% of the instructional time available
 - c) Transfer students are eligible
2. Be attending a school which is a member in good standing with SSNL, and must compete for that member school to which he/she is registered.
3. Schools wishing to use students from 2 or more schools who do not have an existing program may apply to the SSNL executive, adhering to the following regulations:
 - a) Application form must be submitted to the SSNL office 1 month prior to the qualification date for that tournament. (2 weeks in the case of slo-pitch and soccer)

- b) Give a brief history of the schools achievement in the activity over a 3 year period.
 - c) No student from the school requesting players will be displaced by a student from another school
 - d) A majority of the players on the team MUST come from the school hosting the program.
4. Be under 19 on December 31st of the current school year. The age limit for junior cross country is under 15 on December 31st.
 5. Be at least 12 years of age and in Grade 7 by December 31st of the current school year. For Cross Country - grade 6 and 11 year of age.
 6. An individual cannot compete in both junior and senior events at the same competition, in the SSNL high school program (ie xcr, xcs).
 7. An athlete will not be permitted to play on both the male and female team.
 - 8 Any student returning to senior high school in September for more than their third total year is ineligible to participate in varsity athletics.
 9. Any eligibility appeal must be made on the appropriate Appeals Form found in the Registration and Entry Form Booklet. The student eligibility appeal deadline is Sept 15.
 10. Students participating in school athletics when attending a school outside their zoning restrictions must submit a Student Transform Form to SSNL. All eligibility forms must be submitted by schools on behalf of students, on or before the 3rd Monday in September or within one week of transfer to the school after this date.
 11. For Special Olympic athletes, students registered as full time, regardless of credit load are eligible. The maximum age limit for Special Olympic athletes will be under 21 as of December 31st. The 4th year eligibility rule does not apply.

Note: any school who uses an ineligible player, the school(s) in question will forfeit all games played using those ineligible players. If said team wins a qualification and/ or provincial championship, that championship will be revoked, and all awards returned to SSNL. The second place team will be awarded the said championship. The coach and/or school may be liable to further sanction from SSNL.

7. RESTRICTED VS UNRESTRICTED ELIGIBILITY

Restricted eligibility: in SSNL tournaments, students must meet all eligibility requirements as set out in the above article

Unrestricted eligibility: in non SSNL tournaments, students who meet all but one of the eligibility requirements will be permitted to play

school sport (ie may be a full time 4th year student who meets all other restrictions)

8. STUDENT ELIGIBILITY APPEAL

In order for a school to appeal a student's eligibility, it must be confirmed that

1. The student did not compete in any SSNL sponsored or sanctioned activities in the year in question
2. The student was absent from school for a significant period of time due to injury, sickness or family breakdown and as a result did not achieve academic progress in the year in question.
3. Students who participate in Katimavik or other International Exchange Programs shall not lose a year of eligibility but must still abide by the age and course load restrictions.
4. The following documentation is required to support the application:
 - a) Verification by the Principal that the student did not participate in any SSNL activities in the year in question.
 - b) Complete academic records. Records to support inability to complete academic requirements as a result of sickness etc.
 - c) Medical Certificate/Doctors Letter/Confirmation of reason for extended absence.

Coach/teacher-sponsor must provide convenor with letter of approval from SSNL.

9. ELIGIBILITY - TEAM

To be eligible for provincial competition, a team must:

1. Be designated as host/co-host
2. Win the qualification competition or place in the top three to be eligible to apply for a wildcard position
3. Be eligible under all rules and regulations of SSNL and the respective zones.
4. Compete in their regional qualifier (even if they are the provincial host). If a team chooses not to participate but plays in the provincial because they are hosting, they will not be permitted to participate in the sport the following year.
5. All schools within SSNL will only be permitted to enter one team in any sanctioned or sponsored tournament. A school can enter one team in the classification by division and another in the Fair Play Division.
6. The St. John's region will qualify a minimum of two teams for all 4A provincial tournaments and three teams for provincial Track & Field.
7. Qualification tournaments are open to all teams wishing to compete.
8. No individual shall be permitted entry into individual events at the provincial competition if they have not competed in the event where an inter-regional competition is held.

10. JOINT SCHOOL TEAMS

Member schools with a population of less than 25 students in Level I, II & III may, upon application and approval by SSNL executive combine with 1 neighbouring school with a population of less than 25 students, to field a team for qualification and provincial tournaments. Coach/teacher-sponsor must provide convenors with letter of approval from SSNL. Schools must apply on a sport by sport basis by the September executive meeting for pre Christmas

sports and by January 15 for after Christmas sports and must apply on a sport by sport basis. Application forms can be found in the Registration and Entry Form Booklet.

11. **GENDER POLICY**

School Sports is a strong proponent of equal programs for male and female student-athletes. SSNL sponsors events for males, for females and open events as well. There are cases however, when for various reasons, a girls team does not exist in a particular school. The following guidelines have been put in place in an attempt to provide equal opportunities of male and female student-athletes.

- A. Schools are encouraged to offer gender-based teams in each activity SSNL sponsors
- B. Females are expected to compete on a female team, males on a male team. Athletes cannot play on both male and female teams.
- C. Students can be permitted to play on the opposite gender team (upon application from the school), if the same gender school team does not exist in the school
- D. The application must clearly state
 - 1. The reasons a school does not field a team for that gender
 - 2. That the girl is capable of playing on the boys team/against boys
 - 3. Must be signed by the school principal, the coach and the student's parent/guardian.
 - 4. Students may participate on teams organized for students of the opposite gender, but that team must participate in the boys category regardless of the number of boys/girls participating.
- E. Coach/teacher-sponsor must provide convenors with letter of approval from SSNL.

12. **RECRUITMENT**

Recruiting is considered to be contact by a coach or other school representative intended to influence a student to attend a school, other than the school he/she would normally attend, for the purposes of athletics.

Contact is permissible only after the students enrolment in the school is approved by the School Board Authorities

In cases where a member school has been identified as being suspected of the recruiting, student eligibility will be determined in the following way:

- A. The Executive Director will conduct a full investigation of the allegation.
- B. The Executive will determine if the coach/school is liable to sanction from SSNL.
- C. The parties involved have the right to appeal to the President.

13. FEEDER SCHOOLS

- A. Defined as those schools within a “school system” which offers programs from Grade 7-9 and feeds into the high school; the boundaries and the schools to be included in a school system shall be determined by the school districts.
- B. Students of feeder schools are permitted to participate in SSNL activities for their high school, as long as they meet the eligibility requirements as laid down by SSNL and have the permission of their junior high school and the high school.
- C. Junior High Schools will be eligible to compete as members of SSNL, as feeder schools only. These students may compete as teams during SSNL activities that contain junior events ie: cross country running, cross country skiing, but may only compete as members of their feeder schools in activities that do not contain junior categories.
- D. Junior High Schools can register as independent schools to participate in the Festival of Sport Jr High Program.

14. CLASSIFICATION

Classification of SSNL member schools is based on the Level I, II, & III population of each school (Based on the previous year’s Department of Education statistics) Students listed as 4th year are not included in the population for classification purposes. SSNL has a three division (4A, 3A, 2A,A,) classification for volleyball and basketball, three division (4A, 3A, 2A) classification for ball hockey, two division system (4A, 3A) for soccer, and slo-pitch, and an open division for the remaining sports. The following is the population breakdown for the multi-divisional sports.

BASKETBALL AND VOLLEYBALL

AAAA	≥200
AAA	76 -199
AA	41 – 75
A	≤40

**Girls Basketball only will be classified as follows:*

AAAA	<i>Schools with a population >200 in the St. John’s Region, Corner Brook High in the Western Region and Roncalli High in the Avalon Region</i>
AAA	<i>Schools with a population of >75 as well as those 4A schools who do not fit the criteria for 4A as listed above</i>
AA	<i>Schools with a population of 75 or less (no change)</i>

Three teams from the St. John’s region will qualify for the Provincial 4A Boys & Girls Basketball. The 4th place will be eligible for a wildcard position.

BALL HOCKEY

AAAA	≥200
AAA	76 -199
AA	≤75

SLO-PITCH

AAAA	≥150
AAA	<150

SOCCER

AAAA	Schools with a population >200 in the St. John's, Burin and Western regions
AAA	All other schools who do not fit the above criteria
AA	Will be 7 a side format only. Schools with a population of ≤ 75 are eligible and should inform the SSNL office by the AGM.

ALL OTHER SPORTS WILL BE ONE DIVISION

CLASSIFICATION POLICY

Classification changes automatically when a school population changes. A change in classification can also be requested on the basis of

- A. Geography
- B. Competition
- C. New Sport Development

When movement in classification is not based on a population change, but on request, the Classification Change Form must be completed.

When a school moves in classification the following conditions apply

- May not host qualification or provincial tournament in their first year (unless a tournament is unhosted by the established deadline).
- A classification change will be for a 1 year period.
- Only in extraordinary circumstances would a school be allowed to remain at a lower classification for more than 2 consecutive years.
- Classification change requests must be received prior to the AGM Executive Meeting to be considered for the next school year.
- Any school moving down in classification will be required to submit a record of game scores for the year in question for review by the executive.
- School will only be permitted to move down one division from their classification by population.

15. REGISTRATION

- A. Each team entering a qualification or provincial tournament must present a registration form to the convenor, signed by the school principal to the effect that each athlete registered is a full time student and meets all eligibility requirements of the zone and SSNL. Should a team arrive at a tournament without a properly signed entry form, the only alternatives to disqualification shall be:
 1. A fax or e-mail from the school principal listing and verifying the team member

2. A telephone call from the principal verifying that the participating players are eligible
 3. Any other appropriate procedure agreed upon by the Executive of SSNL.
- B. To register for a provincial tournament, contact must be made with SSNL office (phone, fax, e-mail or otherwise) by 5:00pm on the Monday 2 weeks prior to the appropriate provincial tournament. Failure to do so will result in the team in question not being permitted to enter the tournament. Billets for provincial tournaments must be requested at this time.
 - C. The registration and team rosters must be faxed or e-mailed to the tournament convenor by 5:00pm of the Tuesday 2 weeks prior to the tournament. (The day after official registration)
 - D. Late entries cannot be accepted after 5pm on the Monday two weeks preceding a provincial tournament. THIS RULE SHALL BE STRICTLY ADHERED TO.
 - E. The deadline for registration for qualification tournaments is 5pm Monday of the week of the tournament. Registration for qualifiers is through the tournament convenor.
 - F. It is the responsibility of the school coach or teacher-sponsor to ensure that teams and/or individual athletes are registered with the SSNL office by the registration deadlines.
 - G. If for any reason, a qualification tournament champion cannot participate in a provincial tournament, they must inform their regional director by the appropriate deadline so that the opportunity to compete will be given to the second place team in the respective qualification tournament.
 - H. All qualification tournaments MUST be played on the dates listed on the athletic calendar as approved by AGM. Qualification winners should be declared and the SSNL office be informed by the deadline, the name of the school that will be participating. Qualification tournament playing dates will only be granted changes in extraordinary circumstances and then only with the approval of SSNL office.
 - I. Provincial tournament qualifiers who notify provincial convenors of their attendance at a provincial tournament and who fail to show, for no just reason, will be banned from provincial competition for one year, subject to provincial executive approval.
 - J. Teams registering for SSNL tournaments and withdrawing within the last week will be required to pay the registration fee as well as a \$100 fine.
 - K. All participants in qualification tournaments will be levied a \$2 participation fee. All participants in provincial tournaments will be levied a \$3 participation fee. Fees must be collected by the convenor and forwarded to the SSNL office.
 - L. The Registration fee for Provincial tournaments will be set at a maximum of

Basketball, Soccer	\$150 per team
Slo-Pitch, Volleyball, Ball Hockey	\$100 per team
Badminton, Table Tennis, Wrestling	\$50 per team
Cross Country Running, Cross Country Skiing, & individual competitors in badminton and table tennis	\$2 per person

Wrestling	\$5 per person
Track & Field	\$2 per person per event excluding relays, unless it is the athletes only event

- M. Teams wishing to participate in the Fair Play Tournaments must indicate their intention to do so, by applying to the SSNL office by the June AGM and submitting team registration by November 1st for volleyball, and February 1st for basketball.

16. RESPONSIBILITIES OF CONVENORS

- A. Prior to contacting the competing coaches, the convenor must contact the Executive Director of SSNL for approval of the tournament schedule. Once SSNL releases a schedule, there is a 48 hour time limit for coaches/administrators to bring up errors or request changes to it. Once that time has expired, the schedule should not be changed (except for extenuating circumstances such as weather)
- B. The convenor must establish a Tournament Committee and act as chairman.
- C. The convenor must have available the necessary tournament information for athletes and teams when they register:
1. location and dates of the tournament, convenors name and contact information.
 2. Team accommodations and transportation during the tournament.
 3. Meal and banquet arrangements.
 4. Will advise of a time when schedule will be available (no later than Monday preceding the tournament)
 5. Information for spectators
 6. Admission prices – student, adult
 7. Arrangements for cheerleaders (does not include accommodations)
 8. Information re: tournament organization center or reception center.
- D. It is the responsibility of the host to provide accommodations for those travelling student-athletes and team managers who require them and who travel more than 1 hour to attend a SSNL tournament. Provincial hosts are required to provide meals as well as accommodations, up to the maximum per team as outlined in Section 2, #23.
- Convenors should be notified by the provincial tournament registration deadline as to the number of billets required by each team and teams should use all billets requested. Entries to all qualification tournaments must notify the respective convenors at least one week in advance. Responsibility rests with the respective school coach or teacher-sponsor.
- E. To check the eligibility of participating players. This is usually done either when a specific request is made or when some doubt exists.
- F. To be responsible for handling protests. A committee for this purpose must be established prior to the tournament. The committee will ensure the smooth operation of the tournament.

- G. To set up a disciplinary committee to handle all disciplinary matters.
- H. To make advance arrangements for referees, umpires, timekeepers and scorekeepers. A sub-committee should be established for this task. **Convenors are responsible for the procurement and payment of all officials.**
- I. To be sure provincial banners and other awards are present for presentation and to arrange a proper distribution of awards.
- J. To establish a host committee to:
 - 1. Set up a reception or registration center
 - 2. Consider the need for a coaches/officials centre
 - 3. Direct teams to accommodations
 - 4. Be congenial hosts so that all visitors are cordially received and cared for during their visit
- K. To establish a publicity and promotion committee to:
 - 1. Gather pertinent information on participating teams and players (name, number, coach, manager, years record, team color, etc)
 - 2. To arrange news releases to all media outlets pre-tournament, during the tournament and post tournament
 - 3. Send copies of all releases to the SSNL office
 - 4. In order to assure provincial coverage, convenors shall phone the Executive Director with pre-tournament information at least one week prior to the tournament.
- L. Arrangements should be made for a photo of the winning team/participants, a copy of which should be sent to the provincial office as part of the tournament report.
- M. To make available first-aid personnel and equipment and to ensure the availability of medical services in case of emergency.
- N. To ensure the Constitution, by-laws and policies of SSNL are adhered to. Failure to do so can result in sanction from SSNL.
- O. To establish facilities and equipment committee to arrange:
 - 1. For facilities in top playing condition
 - 2. Ensure availability of game and practice equipment
 - 3. Arrange practice time for those requiring same
 - 4. Dressing and showering facilities
 - 5. Officials
 - 6. Scoring and audio equipment
 - 7. Seating for spectators and teams
 - 8. Maintenance and repair crew.
- P. Call a meeting of the coaches/teacher-sponsors and officials at the earliest possible time in order to confirm all tournament details and collect fees.
- Q. To file a tournament report with the SSNL office within 30 days following the tournament. The report will include:
 - 1. A copy of all information sent to schools.
 - 2. A copy of the tournament organization, including schedule of games, participants,

- officials, team accommodations, meal arrangements
 - 3. Schedule of games should show participation as per tournament and team placement through to the tournament champion.
 - 4. Registration lists
 - 5. A tournament champion photo
 - 6. A complete financial report
 - 7. Evaluation reports and recommendations of the committee for future tournaments
 - 8. Special reports on disciplinary problems, teams failing to arrive, protests, etc
- R. The convenor will establish a curfew before provincial and qualification tournaments not to exceed 1am.
- S. The convenor will be responsible for collecting a \$2 participation fee at qualification tournaments and a \$s fee at provincial tournaments and forwarding it to the SSNL office by the report deadline.
- T. When venues outside school property are used, the convenor is responsible for ensuring adequate security is in place for the duration of the tournament.
- U. Convenors of provincial tournaments are encouraged to hold a social event in conjunction with the tournament for student-athletes.
- V. The convenor is responsible to work with SSNL in ensuring that arrangements are made to recognize SSNL sponsors as per the sponsorship agreement. This may include making sure banners are displayed and representatives are given an opportunity to speak at functions and present medals.
- W. The convenor must not enter into any agreement with sponsors without the approval of the SSNL office.
- X. If a provincial host team chooses not to participate in a qualifier, they will not be permitted to participate in that sport the following year.

17. RESPONSIBILITY OF QUALIFIERS

- A. Register for the respective provincial tournament, through the SSNL office, if they plan to attend, prior to 5pm on the Monday, two weeks preceding the tournament. Submit team rosters to the convenor, prior to 5pm Tuesday two weeks prior to the tournament.
- B. Contact their regional director, prior to the registration deadline if they plan not to attend the provincial tournament.
- C. Convenors must be notified by the provincial tournament registration deadline as to the number of billets required by each team, and teams should use all billets requested. Entries to all qualification tournaments must notify the respective convenors at least one week in advance. Responsibility rests with the respective school coach/teacher-sponsor
- D.. When registering for a provincial tournament, teacher/sponsors/coaches should be prepared to:
- 1. List the required number of billets
 - 2. Provide a list of players, coaches and managers who will be travelling as

- members of the team.
- 3. Provide uniform numbers and colors and players MCP numbers
- 4. List the number of people who will be attending the banquet.
- 5. Inform the convenor of any medical problems that may require attention.
- 6. Provide information where the persons responsible for the team may be reached in the two weeks leading up to the tournament.
- 7. Provide letter of approval from SSNL for any exceptions granted to polices (ie gender, eligibility, joint school)

18. **MEMBERSHIP**

School Sport Newfoundland & Labrador is the governing body for all school sport in Newfoundland and Labrador. Schools who choose to be members of SSNL must agree to the following conditions:

- A . Abide by all eligibility requirements for all students in school contests (see restricted vs unrestricted eligibility, Section 2, #7).
- B. Abide by the discipline and suspension guidelines and sanctions of SSNL
- C. Agree with and abide by SSNL policies and philosophy on National Championships and Interprovincial Sanctions
- D. Advise SSNL, through completion of the School Competition Form, of any non SSNL sponsored/sanctioned contest hosted by your school, advising of any rule modifications.

Realizing the vast number of established school sport contests, local rules and modifications, and not wanting to present barriers for competition and participation, SSNL allows for minor rule modifications in non SSNL tournaments and also allows for unrestricted eligibility.

19. **MEMBERSHIP FEES**

Schools will be assessed membership fees on the basis of school enrolment in Grade 7 - Level III (based on the previous year's Department of Education statistics). The fees per school are as follows:

First Year Membership	\$ 50
99 students or less	\$150
100 - 199 students	\$235
200 students or more	\$325

It is the responsibility of the school to pay the assessment in full by October 31st. Any school encountering extreme difficulty in paying the membership fee may apply for special consideration, provided the application is made prior to October 1st of the current school year.

Members failing to pay by the deadline will not be permitted to participate in SSNL activities until the membership fee has been paid in full and may be required to return awards already won during the school year (ie soccer, slo-pitch, xcr)

Any school registering with SSNL after the October 31st deadline will be assessed a \$50 late fee. All fees, including late fees must be paid by January 15th or that school will be prohibited from registering or participating in any further SSNL activities for that school year.

20. NEW MEMBERSHIP

Any school within the province of Newfoundland and Labrador is eligible to become a member of SSNL upon application and a 50% + 1 vote of the executive in attendance at a regularly scheduled executive meeting.

Schools seeking to change zones or regions must seek and gain permission from the Executive body.

21. RESPONSIBILITY FOR TOURNAMENTS

- A. Zone tournaments shall be the responsibility of the individual zones **SSNL rules and regulations MUST be followed. Any zone that wishes to operate at the zone level with exceptions to SSNL rules must apply by the September executive meeting to have these exceptions approved.**
- B. Qualification and Provincial tournaments shall be under the direct supervision of SSNL. Qualification tournament venues and convenors shall be arranged at the Spring and Fall meetings of the respective regions. Provincial tournaments shall be awarded, and convenors appointed at the Annual General Meeting.
- C. Co-hosts must be named at the time of accepting bids at the Annual General meeting. This also applies to tournaments not awarded at AGM, but accepted by school(s) before the cancellation deadline for said tournaments as set by the AGM.
- D. When two schools co-host or when two venues are used, there cannot be more than 30 minutes of travel time between venues.
- E. Hosting school must have adequate number of facilities as specified in the tournament schedule section of each sports technical standards.

22. UNITS OF COMPETITION

- A. Qualification tournaments will be held in the following sports: cross country running, slo-pitch, soccer, volleyball, hockey, basketball, ball hockey and badminton. Any team wishing to compete can enter a qualification tournament in an attempt to advance to the provincial championships. Qualification tournaments are pre-set tournaments encompassing teams from one or more regions. Teams who do not win but place in the top three in the qualification tournaments may apply for a berth in the provincial tournaments as a wildcard entry (See Wildcard Policy, Appendix A)
- B. Table Tennis, Wrestling and Track & Field will follow the standard regional format, with winning regional teams advancing to the provincial championships.
- C. In table tennis and badminton the first place finishers in the individual events, not on the winning team will also advance to the provincial competition. In Wrestling

the 1st, and 2nd place individual weight class winners will qualify in the individual competition at the provincial level. In Track & Field and Cross Country Running, the 1st, 2nd and 3rd place winners in individual events and relay teams, not on the winning team will advance to the provincial championships.

- D. Cross Country Skiing will be an open event contested at the provincial level only.
- E. Provincial tournaments will be determined by application and by following the tournament rotation (See Appendix B)

23. MAXIMUM PARTICIPATION

Convenors of qualification and provincial tournaments shall be responsible for making adequate arrangements for the following numbers on the respective teams.

BADMINTON	12 athletes + coach + Individual winners
BALL HOCKEY	12 athletes + coach + manager (boys) 15 athletes + coach + manager (girls)
BASKETBALL	12 athletes + coach + manager (14 for Fair Play)
X- COUNTRY RUNNING	5 athletes + coach + 1 st , 2 nd & 3 rd individual winners
X-COUNTRY SKIING	4 athletes + coach (Open event)
SOCCER	18 athletes + coach + manager (11 for 2A, 7 a side)
SLO-PITCH	15 athletes + coach + manager
TABLE TENNIS	12 athletes + coach + Individual winners
VOLLEYBALL	12 athletes + coach + manager
WRESTLING	18 athletes + coach + manager + 1 st & 2 nd individuals
TRACK & FIELD	23 athletes (including max 8 Special Olympians) + coach + manager + 1 st , 2 nd , 3 rd individual winners

- A. The number of athletes listed above is the maximum number any team can register
- B. Where home and home regional championships are played, teams are permitted to change their lineups from game to game.
- C. Team composition can change from qualification to provincial tournament.
- D. Track & Field team will consist of a minimum of 12 and a maximum of 15, plus Special Olympic athletes.

24. AWARDS

SSNL shall provide a gold and silver medals and a championship banner for each provincial team championship. Gold, silver and bronze medals will be awarded for each individual competition in cross country running, cross country skiing, badminton, table tennis, wrestling, and track & field.

SSNL shall provide a championship banner and gold and silver medals for team members for each qualification tournament (including small schools and fair play). Individual gold medals, silver and bronze medals will be available at qualification tournaments.

Sportsmanship awards may be presented at each qualification and provincial tournament, in accordance with SSNL's Sportsmanship Policy as outlined in Section One, Article VI.

Small banners will be provided to schools that are part of a joint team who win qualification/provincial banners.

When a provincial tournament is held in Labrador, the tournament awards package (banner, team/individual medals, and sportsmanship award) will be presented at that tournament alone. Stock medals only will be provided at the Island Championship.

25. GATE RECEIPTS

In all SSNL tournaments, gate receipts shall be retained by the host school.

26. TOURNAMENT DEADLINES AND SCHEDULING

In order to allow time for adequate planning, coordination and inclement weather, the following schedule shall be adhered to :

- A. Qualification tournaments shall be completed two weeks prior to the provincial finals.
- B. Island Tournaments will be held two weeks prior to the Provincial tournament in Labrador. This requires the Island Qualification tournaments to be held two weeks prior to the Island Championships.
- C. All qualification tournaments MUST be played on the dates listed on the athletic calendar as approved by AGM. Any changes must be approved by the executive director.
- D. Tournaments are not to be scheduled on province wide long weekends.
- E. Convenors are permitted to schedule games up to 1pm on Sunday when all teams are agreement.
- F. Qualification/regional tournament schedules will be approved by regional directors. Provincial tournament schedules will be approved by the SSNL office.

27. QUALIFICATION TOURNAMENT EXPENSES

The cost of running a qualification tournament will be shared equally among the participating teams. The registration fee should be set at an amount to cover tournament expenses. Tournament expenses relate only to officials fees and minor equipment (softballs, badminton shuttles etc) Any other expenses included in the tournament expenses MUST be approved by the SSNL office. However, the registration fee is not to exceed the provincial tournament registration fee for that sport as outlined in Section Two, #15K.

28. EXECUTIVE ATTENDANCE

A member of the SSNL Executive Board (or his/her designate) shall be assigned to attend each provincial tournament. While in attendance he/she shall assume the following duties:

- SSNL representative at coaches meeting (if possible)
- SSNL representative on protest committee
- Bring greetings on behalf of SSNL at the opening ceremonies, banquet, awards presentation, and other as requested by the convenor
- Present some awards at the end of the tournament
- Ensure all policies, technical standards, and guidelines of SSNL are adhered to
- Ensure requirements regarding sponsorship are adhered to

29. PROTESTS

The convenor must establish a protest committee prior to the beginning of his/her tournament. When a member of the provincial Executive is in attendance, he/she should automatically be appointed to the protest committee.

All protests regarding procedure or rulings by the convenor or any tournament official shall be put in writing and presented to the protest committee. The protest must be presented or posted immediately following the disputed procedure or ruling and in any case within twenty minutes following the game in which the dispute occurred. A ruling by the protest committee must be made before the next game involving either team involved in the protest. The decision of the Protest Committee is final.

Any protests submitted at SSNL tournaments must be accompanied by a \$50 protest fee. The fee is refundable if the protest is upheld. If the protest is denied, the protest fee goes to the tournament committee.

30. APPEALS

- A. Any player, or parent on their behalf, coach or school, who feels a SSNL ruling has created a direct injustice toward them will have the right to appeal. Exception will be at the provincial and qualification tournaments. The rulings of the Protest Committee will be final.
- B. Any appeal of SSNL decisions is to include only new information that was not presented prior to the original decision being handed down.
- C. Appeals must be made to the SSNL office within 48 hours of being communicated the decision regarding the incident in question.
- D. Any party who wishes to appeal will be assessed a \$50 fee. If the appeal is granted, the party will not be invoiced.
- E. The appeals committee will consist of an executive member and two others, appointed by the President or his/her designate, all of whom were not involved in the original decision. Appeals board, specific to each sport will be set up to deal with all appeals from that sport.
- F. Appeals must be dealt with within a reasonable amount of time and where possible be made prior to the appealing parties next scheduled competition which the ruling would affect.
- G. The appealing party will have the right to present their case to the appeals committee either by phone or in person and other parties may present their position. The appeal committee may call any person to provide information.
- H. The time and location of appeal committee hearings (whether in person or via conference call) will be determined by SSNL.
- I. A late registration cannot be appealed.

- J. Correspondence relating to any appeal will be forwarded to the member school and copied to the individual student and coach/teacher-sponsor.
- K. Appeals committees cannot make decisions that will result in a SSNL rule being broken.

31. PROVINCIAL TOURNAMENTS IN LABRADOR

In any given year, Labrador can be awarded provincial tournaments at SSNL's

Annual General Meeting. The winner of the Island Tournament would travel to Labrador to compete against Northern regional winners.

When an island champion travels to a provincial tournament, the Labrador Travel Subsidy will cover 90% of the cost of the airfare. All other expenses are the responsibility of the travelling team. All flight arrangements will be handled through the SSNL office.

32. WILDCARD TEAMS

The wildcard policy is designed to allow competitive teams who have not qualified for the provincial tournament through the qualification tournament, a second opportunity to advance to the provincial tournament. A set number of wildcard teams will be allocated for each tournament. Teams will be selected by following the wildcard policy as outlined in Appendix A. A wildcard application can be found in the Registration and Entry Form Booklet

When a provincial tournament is held in Labrador, and there is no corresponding island tournament to determine the island representative, the wildcard policy will be used to determine the island representative to the provincial tournament.

33. ASSIGNMENT TO DIVISIONS

When teams from the same region compete in provincial tournaments, convenors must ensure that such teams are placed in different divisions.

Only the top four teams will be seeded, using the previous year's provincial results.

Regions ranked #1 and #4 will be placed in one division, #2 and #3 in the other division. The 3rd and 4th seeds will be determined on a points for/points against basis, including all games played by the teams involved in the entire tournament, unless the two teams involved have played each other during the tournament. The winner of the round robin game would then be awarded the 3rd seed.

If a seeded region is defeated at the qualification level by an unseeded region, that team will assume the seeded position.

Except in the case of the St. John's region in the 4A events , no region shall have 2 ranked teams. If more than 1 team from that region finished in the top 4 in the previous year, the 2nd ranking will be void. Other lower ranked regions will move up. In that case there may not be 4 ranked teams.

34. INTERPROVINCIAL SANCTIONS

- A. In all inter-provincial contests, each participating school shall follow the contest rules of the hosting Provincial Association or rules which have been approved by the Provincial Associations competing in the event.
- B. No school which is a member of the Provincial School Athletic Association or Federation shall compete in any inter-provincial competition unless such contest has been sanctioned by the participating provincial associations.
- C. No sanction shall be granted for any meet, tournament or any athletic contest which is organized for the purpose of determining a national school championship.
- D. No school which is a member of the Provincial School Athletic Association or Federation shall compete in any other province if the contest involved conditions such as participation by a school in the province in which the contest is held or promoted would violate the regulation or established policies of that provincial school athletic association.
- E. The following is the procedure for receiving sanction:
 - 1. Host school initiates application for sanction to host Provincial Association not later than 60 days prior to the inter-provincial event. Inter-provincial sanction form can be found in the Forms Section of the Handbook . The host Provincial Association must sanction the event BEFORE any schools to be invited are contacted.
 - 2. The host Provincial Association will complete and forward the endorsement forms to each province named in the application ONCE THE APPLICATION HAS BEEN APPROVED.
 - 3. Executive Officers receiving endorsement forms will indicate their action (approval or disapproval), sign or forward them to the host Provincial Association
 - 4. Invited schools must contact their respective Provincial Executive concerning approval or disapproval of the event prior to responding to the invitation.
 - 5. Application for sanction from the host school shall include the following information:
 - i) type of competition, dates, etc
 - ii) provisions made for visitors - accommodations, special events
 - iii) modifications to generally accepted rules if any
 - iv) sponsorship of the event
 - v) any information which would assist in evaluating the event in terms of the educational objectives.

30. DEVIATIONS

Any deviation from these regulations requires prior approval from the SSNL Executive.

CHANGES, AMENDMENTS, ALTERATIONS

NO CHANGE, AMENDMENT OR ALTERATION SHALL BE MADE TO SSNL'S RULES, REGULATIONS, OR POLICIES (CONTAINED IN THIS HANDBOOK), EXCEPT AT THE ANNUAL GENERAL MEETING OF SCHOOL SPORTS NEWFOUNDLAND & LABRADOR. CHANGES, AMENDMENTS OR ALTERATIONS MAY BE MADE AT THE A.G.M. BY A MAJORITY OF THOSE PRESENT AND VOTING. PROVIDED THAT NOTICE OF SUCH CHANGE, AMENDMENT OR ALTERATION SHALL BE FORWARDED TO THE EXECUTIVE DIRECTOR ONE MONTH PRIOR TO THE DATE FIXED FOR THE RESPECTIVE MEETING. THE EXECUTIVE DIRECTOR SHALL IMMEDIATELY SEND A COPY OF SUCH PROPOSED CHANGE, AMENDMENT OR ALTERATION TO THE SECRETARY OF EACH ZONE.

CHANGES, AMENDMENTS OR ALTERATIONS MAY BE MADE AT THE ANNUAL GENERAL MEETING WITHOUT GIVING PRIOR NOTICE, ONLY BY THE UNANIMOUS CONSENT OF ALL DELEGATES PRESENT AND VOTING.

